■ Five things you think will make you happy... but won't | BBC Ideas - YouTube

Lesson Outcome

By the end of this lesson, students will have honed their ability to articulate their perspectives on common myths about happiness, substantiated with reasoned arguments.

Lesson Duration: 1.5 hours

Materials:

- · Sheets of drawing paper for mind mapping warm-up activity
- Slides for vocabulary and phrases
- Worksheet: Matching vocab & phrases with definitions, comprehension check questions.
- Worksheet: Self-assessment rubric

Warm-Up (10-15 minutes)

Purpose

• To engage students' cognitive faculties and prime them for an exploration of the nuanced concept of happiness.

Activities

• Facilitate a Mind-Mapping Exercise in pairs or small groups. Distribute blank drawing paper to each group for this activity. I'll demonstrate on the board how mind-mapping is done.

Presentation (15-20 minutes)

Purpose

 To acquaint students with the key myths about happiness as discussed in the video, along with essential vocabulary and phrases.

Activities

- Utilize slides to pre-teach 10 selected vocabulary words and 10 phrases.
- Show the video and distribute a worksheet that includes vocabulary and phrase matching activities, as well as 10 Comprehension Check Questions.

Purpose

• To offer students a platform to articulate and defend their viewpoints on the myths presented.

Activities

- Divide students into small groups or pairs. If two groups, one group starts from the bottom of the list of myths, one from the top. Hopefully they'll complete discussing all five in the allotted time, but perhaps not.
- Instruct students to engage in debates, encouraging them to articulate whether they agree or disagree with the myths, substantiating their views with arguments.
- Remind students to incorporate the pre-taught vocabulary and phrases into their discussions.

Production (15-20 minutes)

Purpose

 To assess students' proficiency in effectively articulating and defending their viewpoints on the myths discussed.

Activities

- Instruct each group to prepare a concise presentation that encapsulates the crux of their debates.
- Encourage equitable distribution of presentation time among group members.
- Emphasize the importance of not only presenting their stance but also the supporting arguments.

Cool Down/Reflection (10-15 minutes)

Purpose

 To consolidate learning outcomes and set the stage for future intellectual explorations in the subject matter.

Activities

 Distribute the Self-Assessment Rubric tailored for this lesson and allow time for students to selfevaluate.