

## Part 1: Useful Vocabulary & Phrases

- **Vocabulary:**
  - **Satisfying:** Feeling pleased because you got what you wanted. (e.g., “Finishing a difficult task is very satisfying.”)
  - **Nostalgic:** Happy but a little sad when remembering the past. (e.g., “Hearing that old song made me feel nostalgic.”)
  - **Refreshing:** Making you feel new energy. (e.g., “A short walk after lunch is so refreshing.”)
  - **Useful Phrases for Discussion:**
  - **Giving Opinions:**
    - In my opinion, ...
    - For me, ... is the most important.
    - I think ... should be in our top three.
  - **Agreeing/Disagreeing:**
    - I agree completely.
    - That’s a good point, but what about...?
    - I see what you mean, however, I feel...
  - **Ranking & Justifying:**
    - We ranked [X] as number one because...
    - The reason we chose [Y] is...
    - For us, [X] is more important than [Z] since...
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## Part 2: The List of Simple Pleasures

*Instructions: First, choose your group’s Top 7. Then, rank your Top 3.*

1. The smell of rain on a hot day.
2. Sleeping in a freshly made bed with clean sheets.
3. The first sip of coffee or tea in the morning.
4. Finding money you didn’t know you had in a pocket.
5. A warm shower after a long day.
6. Laughing so hard that you cry.
7. Receiving a handwritten letter or card.
8. The feeling of the sun on your face on a cool day.
9. Watching a beautiful sunset or sunrise.
10. Finishing a good book.
11. The sound of waves at the beach.
12. A long, interesting conversation with a friend.
13. Eating a perfectly ripe piece of fruit.
14. The sense of accomplishment after finishing a task.
15. Hearing your favorite song unexpectedly.

**Exit Ticket / 今日の感想**

**Name:** \_\_\_\_\_

**1. What part of today's lesson did you enjoy the most?**

**2. Was today's lesson: (Please circle one)**

Too Difficult   /   Just Right   /   Too Easy

**3. Was the vocabulary: (Please circle one)**

Too Difficult   /   Just Right   /   Too Easy

**4. Any other comments or suggestions for future lessons? (Optional: Write in English or Japanese)**